

# THE PALETTE

## YOUR CAS COMMITTEE

- CHAIR: JO-ANNE PENTZ
- VICE CHAIR & COMPETITIONS: SANDY DUFFELL-CANHAM
- SECRETARY & PALETTE: PHILIPPA VERSFELD
- TREASURER : NOELINE Mc MASTER
- SOCIAL MEDIA: SAMANTHA HARLOCK-MOISEY
- EXHIBITIONS & FINANCE ASSISTANCE: JUDE MOLLOY
- COMMITTEE ASSISTANT - LIBRARY: MIKE BAUDAINS
- COMMITTEE ASSISTANT - PHOTOGRAPHER: MARC PENTZ
- COMMITTEE ASSISTANT - AV: ANDY DUFFELL-CANHAM

## *Good day, Artists,*

Spring is here and Cape Town is full of colourful flowers. I hope you are taking advantage of the season and are inspired by your surroundings when creating.

I am very excited to get to know our secretary a little better at our October meeting. Pippa will be introducing us to linocuts and printmaking. Last months crit evening with Marc Alexander was insightful. So much so that our meeting ran well over time. You will find information about Marc's art classes and contact details below.



Unfortunately, The Richard Crowie Hall at Kirstenbosch is still being repaired. Your committee are waiting patiently for positive feedback from Kirstenbosch management. We would love to host another exhibition and look forward to seeing your latest artworks.

We have happily received an invite from SASA to join this year's Art in the Park. You can save the date – 16 November 2024. This is a wonderful opportunity to sell your artwork. Art in the Park in November is always popular; visitors want to buy Christmas gifts for friends and family. Everyone who has taken part in it in the past has enjoyed it – you get to meet many of your fellow artists and learn a lot.

Our November meeting is 6 weeks away. Have you thought about your entry into our Founders Trophy competition? See all the rules on page 7.

*Jo-Anne*  
*CAS Chair*

Website: [www.constantiabergartsociety.com](http://www.constantiabergartsociety.com)

Email: [constantiabergartsociety@gmail.com](mailto:constantiabergartsociety@gmail.com)

Instagram: [@casconstantiabergartsociety](https://www.instagram.com/casconstantiabergartsociety)

Facebook: <https://www.facebook.com/CASConstantiabergArtSociety>

MONTHLY MEETINGS:

Meetings are held on the last Tuesday evening of every month, at the Alphen Hall in Constantia.  
Time: 7pm for 7.30pm.

**October 29th**

Philippa Versfeld on Linocut

**November 26th**

Year End and Founders Trophy for best completed artwork for 2024

## Library Matters

If you are looking for inspiration for your next artwork or wanting to try a different media or style or need advice on selling or copyright, what better than to take out one of our twenty three bound copies of 'The Artist' magazine.

In each folder contains twelve monthly issues with a wealth of information.

I selected the 2009 folder which has a four part series on colour mixing by Soraya French, a particular favourite of mine, her realistic abstract is so vibrant and full of colour. She works mainly in water-based paints, acrylics, inks, watercolour and gouache. I found these articles most enlightening. There is an article on watercolour by our own Dale Elliott (sadly deceased), titled five steps to watercolour success.

There are articles on the masters, Turner, Claude Monet, JW Waterhouse, Ben Nicholson and more. Simon Fletcher has an article on the various types of pastels and his recipe for high pigment pastel.

There is advice on framing and storing; for the traveller, advice on a pochade box, description of a home built studio, digital art, product reviews, and how to choose a gallery. Jake Winkle advocates painting watercolour from dark to light and much, much more.



We have many wonderful books and other resources in our library which are exceedingly underused. They are valuable resources for growing in our own learning and development as artists. A list of books is provided with this month's Palette. Take a browse and if something grabs your fancy then you can contact our Librarians to reserve the book and it will be brought to our next meeting specially for you!

*Mike*

# September Meeting Report

It was a pleasure hosting the knowledgeable, charming and humorous Marc Alexander at our September meeting. Marc's critique was considerate and to the point. Besides sharing his opinion on how the artwork could have been handled differently he also commented on all the positives. Marc shared some valuable insights and technical knowledge.



The critique he offered included some good tips specific to members' work but that we all were furiously taking notes of:

- colour and detail should fade as objects recede
- tree branches narrow from the stem outward
- consider the position of objects and figures in your composition
- always consider chroma and colour value
- adding whiskers to cats enhances the painting
- brush handling and strokes
- colour mixing.



Marc encourages the use of transparent colours and chromatic blacks to avoid the possible flat or dull appearance of opaque colours and standard blacks.

Marc's recommended palette is as follows:

- Warm and cool red (opaque Cadmium red and transparent Alizarin Crimson).
- Warm and cool yellow (opaque Cadmium/Arylamide yellow and transparent Lemon yellow).
- Warm and cool blue (transparent Ultramarine blue and transparent Prussian blue).
- Warm and cool green (transparent Sap green and transparent Viridian green).
- Earth colours (transparent Burnt Umber, transparent Burnt Sienna, and opaque Yellow Ochre).
- Chromatic Black (transparent Van Dyke brown mixed with transparent Prussian blue).
- Or Chromatic Black (transparent Burnt Umber and French Ultramarine blue).
- White (opaque Titanium white)

Transparent chromatic black enhances depth, reduces muddiness, promotes unity, and allows for more nuanced control and complexity in artworks, producing a richer and more dynamic result.

Please send us a photograph of your final artwork if you were one of the 10 brave artists who offered paintings for critique and have implemented Marc's suggestions.



# ART CLASSES WITH MARC ALEXANDER

Beginner to seasoned artists are welcome  
Choose your class:

Home Studio, 48 Herschel Road  
Fish Hoek

MONDAY MORNING: 10AM - 1PM

MONDAY AFTERNOON: 2PM - 5PM

TUESDAY MORNING: 10AM - 1PM

TUESDAY AFTERNOON: 2PM - 5PM

TUESDAY EVENING: 6PM - 9PM

THURSDAY MORNING: 10AM - 1PM

THURSDAY AFTERNOON: 2PM - 5PM

Rotary Club of Kirstenbosch  
Athenaeum Road, Claremont

WEDNESDAY MORNING: 10AM - 1PM

WEDNESDAY AFTERNOON: 2PM - 5PM

Join us for inspirational art lessons in a relaxed, creative environment, where you'll explore both traditional and modern techniques in various mediums and styles. Marc offers a unique, creative learning experience, drawing on his extensive background as a South African contemporary fine artist. His art instruction is accessible to all skill levels, from beginners to seasoned artists, with easy-to-follow lessons and projects.

REGISTER NOW TO BOOK YOUR SEAT - R330 / LESSON



[www.alexanderartacademy.com](http://www.alexanderartacademy.com)



[admin@alexanderartacademy.com](mailto:admin@alexanderartacademy.com)



072 388 8655 | 083 310 3220

***PAINTERLY***  
***Painting Techniques***

10 sessions  
7 OCT - 12 DEC

**BOOK NOW**

**ALEXANDER ART ACADEMY**

# October Speaker

## Philippa Versfeld on Linocut



Philippa had looked to explore new creative outlets after years of mastery in many drawing mediums, and with a particular love for all things black and white. The technical challenge and crisp

contrasts of the most basic linocut prints demanded her attention.



Finding inspiration in nature, Philippa draws on the nostalgic experiences we all have with the natural world. The flit of a pair of Cape Sparrows is the same today as it was 30 years ago, as is the bloom of a garden flower. The way that we are mindful of these things can link us with our past while rooting us in the present moment when we stop and take note of these intimate creations. These are captured with intense detail, especially in the working of her reduction linocuts, mixing and layering 7 or 8 layers of oil based inks, in up to 16 colours off one single print block. Her work allows you to lean into your own nostalgic memories as she invites us all to briefly become naturalists in this busy life: to regain the wonder of our youth, if only for just a moment.



After many years in art education, focusing on pragmatic skills and techniques for young learners, Philippa revived a skill introduced to her many years earlier during the sole year of a Fine Arts degree. An introduction to Linocut Printing proved an invaluable, albeit delayed, kickstart into her new creative journey of printmaking (with ever increasing levels of challenge, complexity, and meaning).



@philippa.versfeld



082 267 8686



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# September Challenge

## “Spring Collage”



Fil Angelakis, “Spring Floral Collage”, Mixed Media,



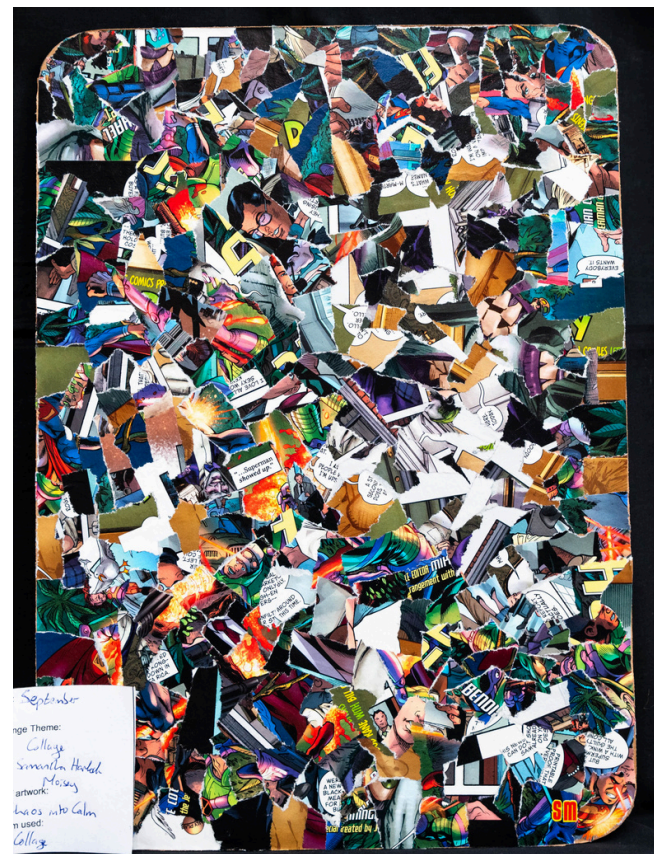
September  
 Challenge Theme: Collage  
 Michael Wade  
 Title of artwork: Forgotten  
 Medium used: Charcoal and coffee

Michael Wade, “Forgotten”, Charcoal and Coffee



Artist - Mike Baudains  
 Month - September  
 Challenge - Collage  
 Title - Swan Lake  
 Medium - Mixed  
 Contents -

Mike Baudains, “Swan Lake”, Mixed Media



September  
 Challenge Theme:  
 Collage  
 Samantha Harlock-Moissey  
 Title of artwork:  
 Chaos into Calm  
 Medium used:  
 Collage

Samantha Harlock-Moissey, “Chaos into Calm”, Paper



Sonja Rivett-Carnac, "Spring in a Box"



Margie Munro, "Flowers", Paper

# FOUNDERS' TROPHY

26TH NOVEMBER 2024

## Terms and Conditions of Entry

- \* The competition is open to **all members**, who must be **present that evening**.
- \* This is an opportunity to show your best work (painting/drawing/sculpture)
- \* Paintings will be displayed on tables at the Alphen Hall, so please provide a small easel/stand that can show the artwork.
- \* Each member may enter one work.
- \* **Work must be original and may not be copied from television, the internet or other artists.**
- \* If you use someone else's photograph as a reference, you need to provide written permission.
- \* Also NO paintings of famous people i.e. Nelson Mandela, or work that has been done in an art class.
- \* **Only MEMBERS may vote.**
- \* **Names must be covered so works are anonymous before they arrive - therefore no wet painting will be accepted.**
- \* Each work must have a title, so please think of an appropriate one beforehand.

# THANK YOU *Thank you* SO MUCH!



DOMINICAN STUDENTS WITH DESIGN AND CREATIVE ARTS TEACHER, ANDREA SWART, RECEIVING DELIVERY OF DONATED ARTS AND CRAFT SUPPLIES FROM CAS



CAS VICE-CHAIR, SANDY DUFFEL-CANHAM WITH JILL TRAPPLER, FOUNDER OF THE ORANGE ART PROJECT



# Kirstenhof

## CREATIVE

## MEANDER

2 November 2024

10:00 - 17:00

✉ [kirstenhofcreativemeander@gmail.com](mailto:kirstenhofcreativemeander@gmail.com)

📷 [@kirstenhofcreativemeander](https://www.instagram.com/kirstenhofcreativemeander)

👍 [Kirstenhof Creative Meander](https://www.facebook.com/KirstenhofCreativeMeander)



## YOU ARE INVITED!

Come meet local creatives: artists, potters, woodturners, crafters, gardeners, photographers, chefs, bakers and makers. Visit 13 locations around the Kirstenhof Community!

## FREE ENTRY



# IN THE ZONE

ART STUDIO

3HR WORKSHOP



SAT: 26TH OCTOBER

## PIMP AN OLD PAINTING

REDUCE | REUSE | RECYCLE | RECOVER

**Grab one of your old, incomplete, or discarded paintings  
and come and have some fun!**

**Let's get creative. Let's think outside the box and explore  
all kinds of approaches and techniques to transform your old,  
abandoned relic into something more exciting.**

**It's a forgotten piece of 'trash' so there's no limitations to how far we can push it.**

**If you want to break away from the same-oh, same-oh approach to your  
paintings, and want to try thinking in a completely different way -  
then this creative workshop is especially for you.**

**09h00 - 12h00 | R400pp |** Some materials & all refreshments included

**FOR BOOKINGS**

**Email: [info@kimwatermeyer.co.za](mailto:info@kimwatermeyer.co.za) | 079 343 5953**

KFC Building (above P'nP Liquor) | Wicklow Road | Plumstead

GIFT VOUCHERS AVAILABLE



PLEASE CONSULT THE ATTACHED LISTS OF CAS ART BOOKS AND MAGAZINES. MAKE YOUR SELECTION AND CONTACT OUR LIBRARIANS, MIKE (082 223 6501) AND PAT (076 142 3891) BAUDAINS OR EMAIL THEM AT [PATBAUDAINS@GMAIL.COM](mailto:patbaudains@gmail.com), TO COLLECT YOUR PRE-RESERVED ITEMS AT OUR MONTHLY MEETING. ALTERNATIVELY YOU CAN ARRANGE TO COLLECT THEM IN PLUMSTEAD.

## SOME REMINDERS

### ABOUT USING OUR LIBRARY

1. BOOKS ARE LOANED FOR A MONTH, FROM ONE MEETING TO THE NEXT. PLEASE BE CONSIDERATE ON THIS ISSUE.
2. YOU MAY RENEW YOUR BOOK ONCE, THEREAFTER A FINE OF R10 IS PAYABLE FOR EVERY MONTH NOT RETURNED. PLEASE CONTACT MIKE TO RENEW.
3. IF SOMEONE HAS REQUESTED THE BOOK YOU HAVE OUT THEN IT CANNOT BE RENEWED.
4. ONLY TWO ITEMS MAY BE TAKEN OUT AT A TIME.
5. GUESTS OF MEMBERS MAY NOT BORROW ANYTHING FROM OUR LIBRARY.
6. IF A BOOK IS LOST OR DAMAGED THEN IT NEEDS TO BE REPLACED WITH AN IDENTICAL COPY OR PAID FOR.

## DISCOUNTS FOR CAS MEMBERS

Your 2024/25 membership letter/card will allow you to claim your discount from the following art shops:

- 10% at Truly Fantastic Canvases (Capricorn Business Park, Muizenberg)
- 10% at The Write Shoppe (Steenberg, SunValley, LongBeach) selected art materials
- 10% at The Italian Artshop (Riverside Mall, Rondebosch)
- 10% at Waltons (Constantia Village, Constantia)
- 10% at Brush & Canvas (Belvedere Square, Claremont)
- 10% at The Deckle Edge (13 Brickfield Rd, Salt River)
- 10% at Artland (Heritage House, 20 Dreyer Str, Claremont)

### PALETTE ADVERTISING RATES

Full Page R300 (A4 portrait)

Half Page R200 (A5 landscape)

Insert R150

(All options include an email to members and advert on the CAS social pages)

## NOTICE BOARD

CLICK ON THE LINKS BELOW TO ACCESS THESE RESOURCES:

- [CAS Recommended Framers](#)
- [Art Classes and Workshops](#)
- [Art Groups & Plein Air Outings](#)
- [Instagram Accounts to follow](#)



**THE DECKLE  
EDGE**

**eth  
canvas**



**THE  
WRITE  
SHOPPE**



Until Next Time -  
Keep Creating!

CAS  
Committee

