

THE PALETTE

YOUR CAS COMMITTEE

- CHAIR: JO-ANNE PENTZ
- VICE CHAIR & COMPETITIONS: SANDY DUFFELL-CANHAM
- SECRETARY & WEBSITE: ALESSIA STOKES
- TREASURER : NOELINE Mc MASTER
- SOCIAL MEDIA: SAMANTHA HARLOCK-MOISEY
- EXHIBITIONS & FINANCE ASSISTANCE: JUDE MOLLOY
- LIBRARY & MONTHLY CHALLENGES: MIKE BAUDAINS
- LIBRARY: PAT BAUDAINS
- CATERING : SANDY BACON
- COMMITTEE ASSISTANT - PHOTOGRAPHER: MARC PENTZ
- COMMITTEE ASSISTANT - AV: ANDY DUFFELL-CANHAM
- COMMITTEE ASSISTANT - PALETTE: PHILIPPA VERSFELD

Good day, Artists,

Winter is here! I hope you are keeping warm and safe in this weather. Staying indoors is a wonderful opportunity to create. Are you participating in our annual challenge taking place on 27th August? This year we are encouraging you to find the lost value in waste materials.

I started my art journey 18 years ago, a complete novice who was ashamed to show people my stickman drawings. Not long thereafter, one of my teachers introduced me to an art society. I am so grateful he did as much of what I know about art I have learnt from attending monthly meetings at various art societies. Out of gratitude and as a show of appreciation I choose to serve on the CAS committee. Four committee members have resigned with effect 31st July 2024. If you can join the committee or be of any assistance, please contact CAS.

We are grateful for our librarians, Pat and Mike Baudains who have served CAS for 5 years. Sandy Bacon has been our cater for many years. Alessia, our secretary, was instrumental in updating CAS's image on social media, our newsletter and website.

We are grateful for their years of warm and friendly service and wish them well.

CAS is planning another exhibition at Kirstenbosch this year, however, as the Richard Crowie Hall is currently being repaired, we are not able to negotiate any bookings at this stage.

Membership subscriptions are due before the end of July. A big thank you if you have renewed your subs. Should your membership lapse, it will be assumed you have resigned. CAS understands life happens and offer our members a grace period until 31st August. An additional joining fee will be charged should you renew your membership after 31st August.

I look forward to seeing everyone at our July meeting. Various members will be creating at art workstations around the hall – an opportunity to ask questions and learn from these established artists.

To-Anne
Cas Chair



It's that time of year again

**We know you love being a part
of CAS, and we love having
you!**

**Don't forget to renew your membership
before 31 July 2024, so we can continue to
create - exhibit - support - inspire**

Renewal fee for 2024/25: R340

Second family member: + R170

Additional family members: +R80

New members additional fee: + R160

Please don't forget to put **SUBS+Name+25 as
a reference so that we know the payment is from you!**

MONTHLY MEETINGS:

Meetings are held on the last Tuesday evening of every month, at the Alphen Hall in Constantia.
Time: 7pm for 7.30pm.

CAS Diary: Meeting Dates

- July 30th - Interactive Painting Evening
- August 27th - AGM and Annual Challenge
- September 24th - Crit Evening with Marc Alexander
- October 29th - Philippa Versfeld on Linocut
- November 26th - Year End and Founders Trophy for best completed artwork for 2024

Library Matters

The question has arisen on the relevance of a library in this age of the internet, a question we the committee, will put forward at the AGM in August.

We are at present looking for a new librarian to take over from Pat and I, a post we have held for five years. I have enjoyed the library as I love books and have found great advice and inspiration whilst paging through the many volumes that CAS possesses.

There are still a few regular readers who borrow books/magazines but numbers are reducing as the quantity of online instruction increases.

So, here are the options: Do we find a book lover to care for the library, a library which has accumulated quite a number of books/mags, which could be reduced in a book sale? Or, do we close the library and sell off all the books/mags?

Please give the question some thought and put forward your opinion to any of the committee, we are eager to make the correct decision.

Any other suggestions will be welcome.

Mike

Join the Team

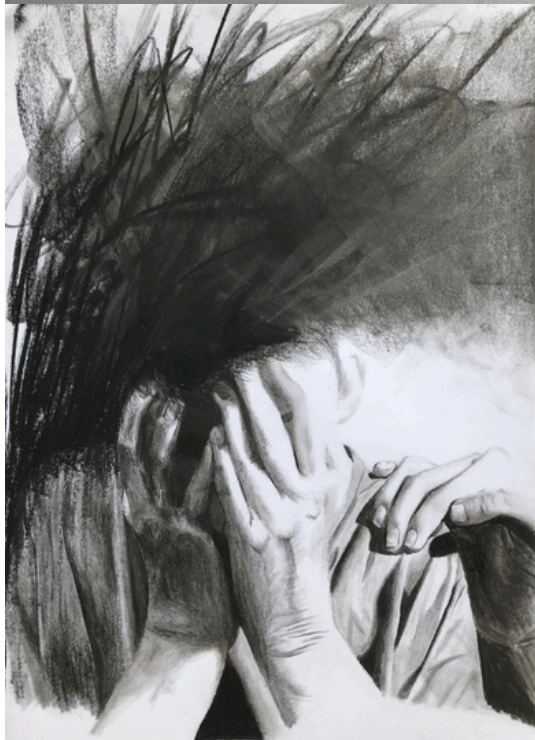
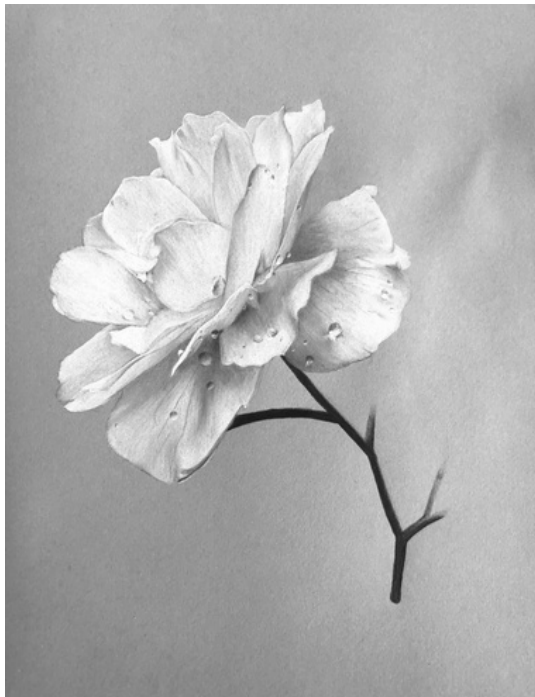
Please consider joining the CAS committee.

Four committee members have indicated they are no longer available to serve on the committee 2024/25. If you are interested in volunteering please contact Jo-Anne (0823026406) or email constantiabergartsociety@gmail.com for more information. We are still needing a caterer, and a librarian.

New Member Showcase

Michael Wade

"I'm a student doing my Masters in Pure Mathematics and Theoretical Computer Science. But, when I'm not crunching numbers or staring at blackboards, I turn to my paintbrush and charcoal set to escape. I've never quite settled on a particular style or medium, I just create what feels right. Giorgio de Chirico said: "You have to paint all the phenomena of the world like a puzzle" -- I'm trying to finish my puzzle. Most of my work is in pencil, pen or charcoal but I've recently taken a liking to oil paints which is something I'd like to improve on. I look forward to being a part of this community! "



June Speaker Feedback

Anschen Fredrichs

“Mies van der Rohe and Anschen Friedrichs may differ slightly in their approach to art and design. He coined the phrase, “less is more” - Anschen believes “art is great on a wall, but it can be made into an everyday item.” (So more, is more) Architect vs Artist...let's call it a tie for first place.

Anschen wowed us with an amazing array of how she has made her art go beyond the wall and onto tables, sofas, shoulders, wrists, and ears!

As anyone who has loved creations of theirs, it can be very hard to part with them when someone buys them. Dare I say, at times like “selling your children”. Anschen loves that these artworks live on.



Although being in the corporate world, one day she realised that, even though successful, there was something lacking. She firmly believes that God led her to art.

Anschen loves the details in flowers, the veins, textures and subtlety of colour change - flowers are her passion.

She paints with acrylics, often starting with a black base (but a mixed black, not the pure colour from the tube).

Lino is also a medium that she dabbles in. Anschen mentioned that while learning, the more entry level supplies are fine. However, if you want lots of detail, the higher end supplies will support that.

Pan Pastels are a medium that she is thoroughly excited by. She admits that they are costly, but recommends starting with a few and building up as you go. These are applied with a spongy tool and best used on Pastel mat paper, as the weight and texture of the paper allows for the building of colours. Pan pastels make for a great under painting and are erasable. Both oil and acrylic paint can be used over them. If she is using the pan pastels only, she uses pastel pencils for the more detailed areas. There is also a fixative specially designed for pan pastels.

She was not only starting from scratch as an artist, but also had to figure out how to make a living from it. Anschen generously shared many practical ways that an artist can have more than one income stream, apart from selling the actual artworks.

Here are some of her suggestions:

- Join art societies. You can exhibit and also network and find out about other places where one could show your work.
- Think about what other applications there may be for the artworks that you have created. Can the image be used on fabric for clothes, household items (cushions etc.), jewelry, prints/cards- think out of the box. Find a niche in the market.
- Get your artworks scanned at a very high resolution, to make them usable in different applications, like a fabric pattern. She recommended Orms
- Once you have products, go to markets to sell them. Approach stores that may be keen to carry your creations.
- Have an online presence - social media and website are very helpful in legitimising your business.

- Canva (www.canva.com) is an amazing tool that is free (there are some benefits for having the paid version, if you are using it frequently enough). It allows you to create business cards, mailers, stickers, tags, slide shows, stationery etc. Thus, when presenting your products to sell, they look polished and professional.
- Editing programmes like Photoshop and CorelDraw can help you create/edit your artworks to be used on an everyday item. Social media platforms like Instagram and Facebook, have also proved helpful.
- Have a website.
- Shipping - once people are buying from you, you need to get the items to them.
 1. The Courier Guy
 2. Pudu (a more cost effective service offered by Courier Guy)
- Artist admin - though more costly can help you set up your business as well as assist with shipping.
- Artsavings club is among her favourite art supply stores, although online.

Don't forget, if this seems overwhelming - START SMALL.

The bottom line is that Anschen is living proof that you can change direction, even later in life. You can do things you never thought you would be able to. Be bold and try that something that has been scratching at the surface. It's making you itch for a reason. At 51 she took up running and has participated in organised races - as she said "she doesn't run fast, she wants value for money...wink."



RESOURCES:

- Orms Photo Room:** ormsprintroom.co.za
- Canva:** canva.com
- Photoshop:** adobe.com
- CorelDraw:** coreldraw.com
- Instagram:** instagram.com
- Facebook:** facebook.com
- The Courier Guy/Pudo:** thecourierguy.co.za
- Artist Admin:** artistadmin.co.za
- How to use pan pastels:** panpastel.com

Appeal For Art Supplies

Every year, at our August meeting, CAS collects and donates used art materials to The Dominican School for the Deaf. Although the school asks for specific items, as per this list, please donate all previously loved art materials. We will be supporting The Orange Project as well this year.

Brushes:

all shapes and sizes, including large decorator brushes

Construction:

Chopsticks, Ice cream sticks, Kebab sticks (recycled or new welcome)

Sewing:

Needles (sewing machine and hand), thread, pins, tailor's chalk etc

Fabric:

We use unbleached calico in our projects. Also any fabric offcuts, fabric samples.

For resizing drawings:

Tracing Paper
Grid paper (5mm grid)

Drawing:

Pencils
Pencil Crayons (especially watercolour pencils)
Oil pastels

Paint:

Any water-based painting mediums (we don't use oils) e.g. acrylic, watercolour, ink, printing ink
PVA house paint (white and bright colours)

Adhesives:

white pva glue, glue sticks, sellotape, masking tape, double sided tape, brown gum tape.

Tools:

Paper cutting knives, scalpels, spare blades, steel rulers, staplers, sand paper, and any useful hand tools.

Printing projects:

embroidery hoops, plain t-shirts, masking tape

July Meeting

Penny Steynor, Lyn northam, Fil Angelakis and Cheryl Curnick will be our guests on Tuesday 30th July. We will set up 4 workstations in the hall. During the evening members will move around between the stations observing, ask questions, gain insights and hopefully leave inspired.

Fil Angelakis



Fil, a graphic designer by profession, was born in Johannesburg but grew up in Congo, Greece and Zimbabwe. In 1997, after settling in Cape Town, Fil dedicated her time to creating and teaching art from her home studio in Kirstenhof. Fil delights in creating something from nothing capturing her memories and surroundings on canvas. Fil is inspired by African landscapes and the beauty of the Cape. Fil will be sharing her love of fluid acrylics with us.

Penny Steynor



Penny was born in Staffordshire, England and always wanted to paint. Penny started painting seriously in 1980 after taking watercolour lessons with the late Eric Wale in Cape Town. Painting everyday paid off for Penny when, in 2011, she was awarded Fellowship of the South African Society of Artists and has subsequently been upgraded to Senior Fellow of SASA standing – not an easy feat. Penny dabbles in watercolour, oil, acrylic and pastel painting. Penny will be sharing her love of pastel painting with us. Penny teaches watercolour painting in Pinelands.



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Cheryl Curnick



Cheryl was influenced from an early age by her mother's exquisitely detailed tapestries which remained with her long after attaining a diploma in Graphic Art and Design. Cheryl is a founder of International Watercolour Society of South Africa and an Associate and Fellow of Watercolour Society of South Africa. Cheryl has always kept her paint brushes busy creating watercolours which she now incorporates into mixed media collages which is her signature narrative style at present – interwoven thoughts of fantasy and realism relying heavily on symbolic, intuitive story telling. Cheryl offers workshops on occasion.



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083 701 1047

Lyn Northam



Growing up in Johannesburg, Lyn began a happy, carefree explorative childhood where her love of nature and drawing began. Lyn regularly paints plein air. Her preferred mediums are pastels, watercolours and oils. Lyn was awarded a coveted Fellow of South African Society of Artists award in 2007 despite having no formal art training! Lyn will set up a still life which she will paint alla prima in oils at our meeting. Lyn is a retired teacher and principal. Lyn offers oil painting lessons in Newlands.



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June Challenge

Action, Painting Motion



Mike Baudains, "The Bird Feeder", Acrylic



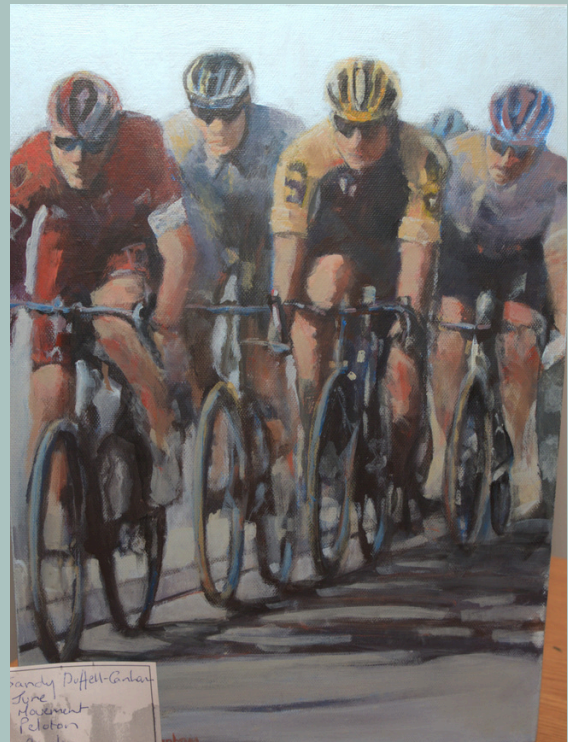
Jenna Gibson



Margie Munro, "Fun at the Beach", Watercolour



Samantha Harlock-Moisey, "Strength",
Charcoal



Sandy Duffell-Canham, "Peloton", Acrylic

June Challenge Continued...



Sharon Oxford, "Shake!", Oil



Trevor Vaughn-Jones, "Fast Cornering", Oil



Linda Howe-Ely, "Bird against Boomslang", Watercolour



Fil Angelakis, "Jonah", Fluid acrylic with details



Kirsten Slater, "Wind, Waves, Walking", Oil

30 JULY - ABSTRACT

27 AUGUST - AGM "LOST AND FOUND"

24 SEPTEMBER - SPRING COLLAGE

29 OCTOBER - GLASS & SILVER STILL LIFE

26 NOVEMBER - FOUNDERS' TROPHY :

MY BEST ARTWORK

LOST AND FOUND

AGM CHALLENGE COMPETITION

27 August 2024

The CAS committee is challenging

members to

FIND LOST VALUE

in what would otherwise

become waste

All artworks are to be created from
recycled materials.

Max size is 75cm

(length, width & height)



DISCOUNTS FOR CAS MEMBERS

Your 2023/24 membership letter/card will allow you to claim your discount from the following art shops:

- 10% at Truly Fantastic Canvases (Capricorn Business Park, Muizenberg)
- 10% at The Write Shoppe (Steenberg, SunValley, LongBeach) selected art materials
- 10% at The Italian Artshop (Riverside Mall, Rondebosch)
- 10% at Waltons (Constantia Village, Constantia)
- 10% at Brush & Canvas (Belvedere Square, Claremont)
- 10% at The Deckle Edge (13 Brickfield Rd, Salt River)
- 10% at Artland (Heritage House, 20 Dreyer Str, Claremont)

PALETTE ADVERTISING RATES

Full Page R300 (A4 portrait)

Half Page R200 (A5 landscape)

Insert R150

(All options include an email to members and advert on the CAS social pages)

NOTICE BOARD

CLICK ON THE LINKS BELOW TO ACCESS THESE RESOURCES:

- [CAS Recommended Framers](#)
- [Art Classes and Workshops](#)
- [Art Groups & Plein Air Outings](#)
- [Instagram Accounts to follow](#)



artland
EMPTY WALLS LOVE US

eth
canvas

THE DECKLE
EDGE



THE
W'RITE
SHOPPE

Until Next Time -
Keep Creating!
CAS Committee

